



Life & Elderly Care

Kontakt:

Mobil HR: +385 (0) 91 / 265 44 44

Mobil D: +49 (0) 174 / 700 05 57

Checklist – Your Path to Rehabilitation or Spa Treatment in Croatia

1. Doctor's consultation

- ☐ Discuss indication
- ☐ Obtain recommendation for rehabilitation or spa stay

2. Collect documents

- ☐ Medical reports, findings, surgical reports
- ☐ Medication plan

3. Submit application

- ☐ Medical-Spa stay (HZZO/GKV): Insurance form + Form Muster 25 (doctor)
- ☐ Rehabilitation (GKV): Form Muster 61 (doctor)
- ☐ Rehabilitation (DRV): Form G0100 + Medical report S0051

4. Decision on approval

- ☐ Check approval notice (duration, co-payment, conditions)

5. Choose location

- ☐ Polyclinic FizioVita, Hotel Ilirija ****, Biograd na Moru, Zadar County
- ☐ Varaždinske Toplice

6. Prepare travel/Rehabilitation

- ☐ Organize accommodation, transfers and therapies (individual planning)
- ☐ Bring eGK (health card), ID/passport, medication, approval
- ☐ Collect receipts for co-payments
- ☐ Communication in German and GDPR-compliant

Note: The decision on cost coverage lies solely with the cost bearer. Life & Elderly Care does not provide legal advice.

Data protection: Please transmit health data only in encrypted form. Life & Elderly Care processes only necessary data (GDPR).